the hongkong federation of youth groups
Ching Lok Kindergarten/ Ching Lok Nursery (Sai Wan Ho)

Class Teachers: SO Yuk Wan Winnie, HO Ka Po

	K2 Class Activity Schedule	
08:00-08:35	Reading/ Teaching aids	
08:35-09:00	Handwashing/ Breakfast	
09:00-09:30	Talking/ Children' s songs/ Sharing/ Introduction to activities or teaching aids/ Checking of cleanliness/ Stories/ Mindfulness	
09:30-10:00	Group activities / English stories#	Music activities
10:00-10:30	Group activities	Group activities / English stories#
10:30-11:00	Music activities	Group activities
11:00-11:30	Group activities	Group activities
11:30-12:00	Handwashing/ Lunch	
12:00-12:15	Bedtime stories	
12:15-14:25	Handwashing/ afternoon nap (12:15-14:20 on Tue, Wed, Fri)	
14:30-15:00	Physical activities/ Body rhythms (Fri)	English phonics (Tue)#/ Putonghua (Fri)#/ Group activities
15:00-15:30	English phonics (Tue)#/ Putonghua (Fri)#/ Group activities	Physical activities/ Body rhythms (Fri)
15:30-16:00	Group activities/ Wrapping up and tidying up/ Mindfulness	Group activities/ Wrapping up and tidying up/ Mindfulness
16:00-16:30	Handwashing / Refreshment / Tidying up	
16:30-18:00	Reading / Teaching aids / Dismissal	

*Group activities: Picture book activities / theme activities / choice-of-corner activities and free play / little dictionary / art activities / silent reading / maths for young children / exploration activities
#TEFL qualified foreign teachers teach English stories and English phonics to the whole class on Tuesdays and Thursdays
#Teachers with the Putonghua Proficiency Certificate from the State Language Commission teach Putonghua on Fridays